

Newton
Memorial
Hospital



Lake Mohawk
Country Club
• Sparta, NJ •

www.passitalong.org

.5 mile SWIM  10.8 mile BIKE  3.1 mile RUN 

Timing Provided
by CompuScore



**Is a Proud Sponsor
of the 1st Annual
Pass It Along &
Lake Mohawk Country Club
Triathlon 2010**

**Saturday, July 31st
7:00am**

Lake Mohawk Country Club in Sparta, NJ

visit: www.passitalong.org and click on TRIATHLON for more information